

Faith organisations: Locate on the map overleaf

- 13 St Gabriel's Church** Dobbin Hill, S11 7JB
St Gabriel's is a Church of England church holding a weekly Sunday morning service to which all are welcome. The church hall holds many activities during the week from baby groups to Girlguides and Taekwondo.
www.saintgs.co.uk | Tel: 07983 830505 (hall booking only)
- 14 St Augustine's Church** Brocco Bank, S11 8RS
Looking to join in with community activities or simply attend a quiet, reflective church service? You'll be welcomed at St Augustine's. We are an inclusive church community of all ages with a choir and strong musical tradition, meeting weekly at 10.30. Our hall is available for regular bookings and one-off events – see website.
www.staugustinessheffield.org/wp1/ | Tel: 0114 272 4987
- 15 St William of York Church** 847 Ecclesall Road, S11 8TL
Carers and Toddlers meet on Tuesdays 10-12 (in term time) in the Parish centre and Lunch Club for the elderly on Wednesdays from 10.30am. Girl guiding groups also meet. Newcomers are welcome. Enquiries to: office@stwilliamofyorksheffield.org.uk.
www.stwilliamofyorksheffield.org.uk | Tel: 0114 266 2034
- 16 Sheffield Citadel Salvation Army** 12 Psalter Ln, S11 8YN
Sheffield Citadel Church and Community Centre is committed to being there for those in our community. We have various community activities including our toddler groups, Luncheon Club and CAMEO group in addition to our Coffee shop which is open Monday – Thursday, all are welcome for coffee, cake or a chat.
www.salvationarmy.org.uk/sheffield-citadel | Tel: 0114 266 8127
- 17 Bents Green Methodist Church** Ringinglow Rd, S11 7PU
Bents Green Church is a lively, family friendly church. As well as services on Sundays and Wednesdays we host many social groups including games, craft and chatter, friendship club for over 60s, dementia cafe, baby and toddler group, after school club, teenagers' youth club, an annual church pantomime and more!
www.bentsgreenmethodist.org.uk/ | daphnetr@blueyonder.co.uk
- 18 Banner Cross Methodist Church** 12 Ecclesall Rd S, S11 9PE
We offer a range of activities for the local community and regular worship in a variety of styles. We host a coffee morning, lunch club, popular toddler group Little Fish, Rainbows, Brownies, Guides and other activities. The building is used for community art clubs, dancing groups, children's parties and concerts.
www.bannercrossmethodist.org.uk | Tel: 0114 438 9012
- 19 St Andrew's Psalter Lane Church** 31 Psalter Ln, S11 8YL
St Andrew's Psalter Lane Church is an ecumenical partnership – Methodists and Anglicans united in a single church. Some of the activities we offer include Knit and Natter on Mondays, the Tuesday Café for people living with memory loss or dementia and their carers, and the Parent and Baby Group on Fridays.
www.standrewspsalterlane.org.uk | Tel: 0114 267 8289
- 20 Sheffield Jewish Centre** United Synagogue Sheffield, 3 Brincliffe Crescent, S11 9AW
Provides regular services and weekly social activities. Please contact or visit the website for more details.
www.jewishsheffield.org.uk | sheffieldsjcc@gmail.com

Choirs: Locate on the map overleaf

- 26 Hallam Choral Society** Hallam Community Hall, S10 4BD
Meets every Monday 7.45 - 9.45pm **Tel: 0114 235 0969**
- 27 Abbeydale Singers** Fulwood Old Chapel, S10 4GL
Meets every Thursday 7.30 - 9.45pm **enquiries@abbeydalesingers.org.uk**
- 28 Sheffield Philharmonic Chorus** King Edward VII Upper School, S10 2PW
Meets every Tuesday 7.00 - 9.00pm **Tel: 0143 363 0970**
- 29 Sheffield Bach Choir** Cemetery Road Baptist Church, S11 8HA
Meets every Monday 7.30 - 9.30pm **Tel: 07960 523 911**

Useful CONTACTS

South West Sheffield Local News

Local updates for your area. Follow us on Twitter @SouthWestSheff or on Facebook/ SouthWestSheffield www.southwestsheffield.wordpress.com

Community Support Workers

Community Support Workers are based in GP surgeries and can give you short-term support and advice with lots of non-medical things like advice information on housing, finding support for carers or help to find local social activities. Anyone can access support from a Community Support Worker, as long as they are not already receiving social care. **Tel: 0114 205 7120** | cswreferrals@sheffield.gcsx.gov.uk

Friends of Porter Valley

We aim to conserve protect and restore the Porter and Mayfield Valleys. We organise events throughout the year including the Duck Race in Endcliffe Park, a Christmas Fair at Forge Dam, monthly themed walks and a work morning twice a month where volunteers help Park Rangers with practical tasks. Become a member on the website, or pick up a form at Endcliffe Park or Forge Dam Café. www.fopv.org.uk

Age UK Sheffield

The Independent Living Co-ordination service is a three-month package of free support in which Age UK Sheffield will help you and your family members to achieve your independence needs – whether that is equipment and adaptations, managing in your home, increased benefits where eligible, support to manage health conditions, or connecting you up to local activities and transport. Their Benefits at Home service is also free, and is for people who can't make it in to the city centre for a benefits check.
www.ageuk.org.uk/sheffield | **Tel: 0114250 2850**

GP Surgeries:

Nethergreen Surgery

www.nethergreen-surgery.co.uk
Tel: 0114 230 7818

The Hollies Medical Centre

www.theholliesmc.co.uk
Tel: 0114 255 0094

Greystones Medical Centre

www.greystonesmedicalcentre.co.uk
0114 266 6528

Falkland House Surgery

www.falklandhousesurgery.co.uk
Tel: 0114 266 0335

Rustlings Road Surgery

www.rustlingsurgery.org.uk
Tel: 0114 268 4567

Universal Credit (UC) is a benefit that is being introduced to Sheffield from November 2018.

If you need to make a new claim or if you have a change in circumstances with one of the following benefits you may be directed to claim Universal Credit.

- **Housing Benefit** • **Income-related Employment & Support Allowance (ESA)**
- **Income-based Jobseeker's Allowance (JSA)** • **Child Tax Credit**
- **Working Tax Credit** • **Income Support**

If you're not on one of the benefits above and think you are eligible due to being on a low income or out of work then make a claim. If Universal Credit isn't the right benefit for you, you will be directed to the correct one.

If you require support when applying for or managing Universal Credit in Sheffield, you can contact the following organisations:

Universal Credit helpline: Call 0800 328 9344 for support if you are unable to claim UC online, or you need help during the process.

Job Centre Plus: Support is available to apply online, understand how UC works and how to manage your budget to pay your rent and other bills.

To find your local Jobcentre Plus centre call 0800 169 0190

Citizens Advice Sheffield: Advice is available about your entitlement to UC. Please call 03444 113 111

What's on PORTER BROOK



Activities

Services

Faith Organisations

Lunch Clubs

Choirs

Outdoor spaces

Spring
2019



What's on PORTER BROOK

Welcome to your community newsletter!

This newsletter has been produced to promote local groups who provide activities and services for the people of Porter Valley. It has been funded by GP practices across the area and produced with local residents and volunteers.

Whirlow Hall Farm

A fantastic education charity based on a working farm. Masses of paths and outdoor attractions, including children's play area and farm animals. Enjoy fresh air, peace and quiet (except for the odd moo or grunt) and then a bite to eat in their café; visit the shop and take their home-grown produce away with you. Please see our website for more details, www.whirlowhallfarm.org | Tel: 0114 352678

St Luke's Hospice and Clifford House

St Luke's cares for adults in Sheffield affected by terminal illnesses, both at our In Patient Centre and out in the community. Just next door to St Luke's is Clifford House, focused on fun, wellbeing and practical support for those affected by incurable illnesses and for their families and friends.

St Luke's: 0114 236 9911 / info@hospicesheffield.co.uk
Clifford House: 0114 235 7650
cliffordhouseenquiries@hospicesheffield.co.uk
Please see our website for more details
www.stlukeshospice.org.uk & www.stlukesciffordhouse.org.uk

Ecclesall Library

Books, music, film, free wifi, notice boards for community use, rooms for hire, computers, reading groups, activities for parents and children, coffee mornings, activities for young people, Knit and Natter, sporting memories.
Please call for more details:
Tel: 0114 203 7222

Sheffield Club for the Hard of Hearing

We welcome members who are heard of hearing or have friends and family that are hard of hearing. We have entertainment, talks, table games, quizzes but most of all fun in a happy, relaxed group. We meet Mondays (except bank holidays) 5.30pm - 7.30pm. Please see our website for more details, www.hardofhearingclubsheffield.btck.co.uk or call Tel: 07860 735360

St Andrew's Hall

23-25 St Andrew's Road, S11 9AL
Please see our website for more details, www.standrewshall.org.uk

Cafe 851

851 Ecclesall Road, S11 8SD
Breastfeeding support group
Peer support group for breastfeeding, every Tuesday 1.30pm - 3.30pm.
Please call for more details,
0114 267 6860

Dance to Health

St Augustine's Church, S11 8RQ
Dance to Health is a falls prevention programme for older people who have had a fall or who are at risk of falling. Sessions can be done seated or standing and incorporate physiotherapy with the fun and creativity of dance. Opportunity to have a drink and a chat at the end of the session. Please book before attending.
Please see our website for more details, www.dancetohealth.org/Yorkshire
Tel: 07586 367973 or 01993870161

Sexual Health Sheffield Royal Hallamshire Hospital, S10 2JF
Sexual Health Sheffield provides free and confidential Sexually Transmitted Infection (STI) screening and treatment, information and advice as well as a wide range of contraception methods.
Please see our website for more details, www.sexualhealthsheffield.nhs.uk | Tel: 0114 226 8888

LUNCH CLUBS
Lunch clubs help older people across the city make long lasting friendships, share good food, and enjoy interesting activities. They are friendly and supportive groups mostly run by volunteers with a desire to give something back to their local community.

Lunch Clubs:

- 21 Banner Cross Luncheon and Friendship Club**
Banner Cross Methodist Church, Ecclesall Road South, S11 9PE
Meets every Tuesday
- 22 Crosspool Luncheon Club**
Stephen Hill Methodist Church, 547 Manchester Road, S10 5PL
Meets every Wednesday
- 23 Hallam Methodist Lunch Club**
Hallam Methodist Church, Nether Green Road, S11 7EJ
Meets every Wednesday
- 24 St. Williams Lunch Club**
St. Williams RC Church Hall, 847 Ecclesall Road, S11 8TL
Meets every Wednesday
- 25 The King's Centre Lunch Club**
The King's Centre, Union Road, S11 9EH
Meets every Thursday

Contact for all lunch clubs:
0114 253 6674 / lunchclub@vas.org.uk

Banner Cross Activity Day

Includes light lunch and activities for people over 65, transport can be arranged if necessary. Please call for more details, **Tel: 0114 258 3440**

Cancer Support Service

Weston Park Cancer Information and Support Centre, S10 2TX
We offer a range of services run by healthcare professionals to support anyone affected by cancer; patient, family or friend. This is a friendly, relaxed place where anyone is welcome to call in for a drink and a chat. Drop-in service is open Monday to Friday 9am to 5pm, no appointment necessary. Please see our website for more details, www.cancersupportcentre.co.uk | Tel: 0114 226 5666

Broomhill Library

10 Taptonville Road, S10 5BR
We offer free Wi-Fi and computer use to SCC library members. Document scanning, copying, printing, newspapers, jigsaws, audio books, CDs, DVDs, and book lending are available. Activities for babies, toddlers, children and adults. Please contact the library, view the website, Twitter or Facebook accounts for full details of activities.
Please see our website for more details, www.broomhill-library.org.uk | Tel: 0114 273 4276 / enquiries@broomhill-library.org.uk

Dementia cafe

Bents Green Methodist Church Hall, S11 9SJ
Friendly new dementia cafe for anyone living with memory loss and their carers. To be held on every 1st and 3rd Thursday of the month 2pm-4pm. Snacks and refreshments provided as well as activities, entertainment and a chance to socialise.
Please call for more details, **Tel: 07757 619009**

Outdoor spaces:

- 30 Endcliffe Park**
Children's amusements, cafe, events, playground, trails, statues and sculptures, woodlands, Parkrun.
- 31 Chelsea Park**
Seasonal events, orienteering.
- 32 Botanical Gardens**
Cafe, gardens, children's activities, guided tours, events, education centre.

33 Bingham Park
Tennis courts, bowling green, mini-golf course, Astroturf court.

34 Shepherd Wheel
Workshops, historical site.

Forge Dam
Cafe, children's play area, seating, woodlands.

Please turn over for:
Faith organisations

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Choirs

Please turn over for:
GP Surgeries

